

WIC SMART

Online WIC Nutrition Education

- 1. Let your local agency staff know you are interested in online nutrition education
- 2. Local agency staff will create account with your Household ID number
- 3. Download App on phone or go to www.wicsmart.com
- 4. Select WIC agency from list and click "Register Device" button
 - 5. Enter your Household ID number and press the "login" button
 - 6. Once successfully logged in, lesson menu will display



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USER GUIDE:



 When a lesson is selected, you have the option to download later or take now



 Lessons can be completed all at once or saved for a later time



 Click "done" at the end of your lesson



 Once completed, results automatically go to agency



 Agency will follow up with participant

TIPS:

- *Pick lessons that cater to the needs of your family
- * You may want to do this on free Wi-Fi to avoid data usage
- *Call your local agency for technical assistance, if needed



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